

SABELI BREAKFAST

CHOOSE YOUR BASE

- Egg sandwich
- Omelette
- Waffles
- Pancakes
- Fresh fruit cup
- Yogurt parfait

CHOOSE YOUR BREAD

- Bagel
- Hero
- Lettuce Wrap
- Panini
- Roll
- Rye bread
- Semolina Hero
- White bread
- Whole wheat bread
- Wrap
- Breadless

EGG STYLE

- Hard boiled
- Scrambled
- Fried
- Sunny side up
- Over easy
- Over medium
- Over hard
- Egg whites
- How many eggs?

CHOOSE YOUR MEATS

- Bacon
- Ham
- Turkey
- Marinated skirt steak
- Salami
- Prosciutto
- Sweet sausage
- Hot sausage
- Breakfast sausage

CHOOSE YOUR CHEESE

- Fresh mozzarella
- Slicing mozzarella
- Cheddar
- American
- Munster
- Alpine Lace swiss
- Provolone
- Jalapeno pepper jack

TOPPINGS

- Spinach
- Mushroom
- Onion
- Peppers
- Broccoli
- Avocado
- Garlic
- Salt
- Pepper
- Ketchup
- Mayo
- Chipotle mayo
- French fries
- Home fries

BAGEL CHOICES

- Plain
- Sesame
- Everything
- Onion
- Pumpernickel
- Pumpernickel Everything
- Poppy
- Salt

- Egg
- Egg Everything
- Cinnamon Raisin
- Whole Wheat
- Whole Wheat Everything
- Whole Wheat Sesame
- Rainbow

BAGEL TOPPINGS

- Cream cheese
- Veggie Cream Cheese
- Scallion Cream Cheese
- Lox Cream Cheese
- Butter
- Jelly
- Capers

ORDER ONLINE

SABELI TOP 5 BREAKFAST PICKS

- 1

American - Bacon, Egg & American Cheese on a Roll or Bagel
- 2

Hungry Man - 2 eggs, bacon, american cheese, ham, sausage, home fries salt, pepper & ketchup on a roll
- 3

Healthy Start - Egg Whites, spinach, tomato & swiss cheese on a whole wheat wrap
- 4

International - Belgium Waffles, Strawberries, Nutella, with Syrup & butter
- 5

long Island - Ham and Cheese Omelette

SALAD BAR

CHOOSE YOUR GREENS

- Romaine
- Kale
- Arugula
- Spinach
- Iceberg
- Spring mix
- Sabeli mix

TOPPINGS

- Grilled chicken
- Crispy chicken cutlet
- Bacon
- Black bean
- Avocado
- Hard boiled egg
- Quinoa
- Walnut
- Broccoli
- Carrot
- Celery
- Crispy corn
- Cucumber

- Tomato
- Olive mix
- Onion
- Roasted brussel sprout
- Roasted red pepper
- Chick pea
- Edamame
- Craisin
- Crouton
- Beet
- Pickle
- Tortilla chip
- Feta

- Mozzarella
- Parmesan
- Goat cheese
- Egg whites
- How many eggs?

CHOOSE YOUR DRESSING

- House balsamic
- Evoo & red wine vinegar
- Creamy classic ceasar
- Ranch
- Russian
- Blue cheese
- Lemon vinaigrette
- Chipotle
- Honey mustard

SABELI TOP 5 SALAD PICKS

- 1

Classic Caesar Salad - romaine lettuce, grilled chicken, parmesan cheese, croutons, Caesar salad dressing
- 2

Cobb Salad - iceberg lettuce, grilled chicken, bacon, avocado, boiled egg, tomato, shredded mozzarella, blue cheese dressing
- 3

Crispy Chicken Chipotle Salad - spring mix, crispy chicken, fresh mozzarella, tortilla chips, chipotle dressing
- 4

Chelsea Salad - romaine lettuce & spring mix with Craisin, Walnuts, and goat cheese
- 5

Garden Salad - tomato, cucumber, carrots and red onion with fresh mozzarella

SABELI LUNCH

CHOOSE YOUR BREAD

- Bagel
- Hero
- Lettuce Wrap
- Panini
- Roll
- Rye bread
- Semolina Hero
- White bread
- Whole wheat bread
- Wrap
- Breadless

CHOOSE YOUR MEAT, FISH OR VEGETABLE

- Ham
- Oven gold turkey
- Genoa salami
- Sweet soppressata
- Hot soppressata
- Homemade turkey
- Homemade roast beef
- Domestic prosciutto
- Imported prosciutto
- Mortadella
- Pepperoni
- Honey maple turkey
- Ever roast chicken
- Chipotle chicken
- Grilled chicken
- Chicken cutlet
- Chicken salad
- Chicken salad with dried cranberries & apple
- Corn beef
- Pastrami
- Tuna
- No mayo italian tuna
- Grilled vegetables
- Fried eggplant
- Broccoli rabe
- No meat

CHOOSE YOUR CHEESE

- Fresh mozzarella
- Slicing mozzarella
- Cheddar
- American
- Munster
- Alpine Lace swiss
- Provolone
- Jalapeno pepper jack

TOPPINGS

- Salt
- Pepper
- Lettuce
- Tomato
- Pickles
- Olives black sliced
- Roasted red peppers
- Red onions
- Hot peppers
- Arugula
- Sundried tomato
- Kalamata olive paste
- Basil
- Bacon
- Mayo
- Mustard
- Oil & vinegar
- Avocado
- Cole slaw

CHOOSE YOUR DRESSING

- Balsamic glaze
- House balsamic
- Evoo & red wine vinegar
- Creamy classic ceasar
- Ranch
- Russian
- Blue cheese
- Lemon vinaigrette
- Chipotle mayo
- Honey mustard
- Horseradish sauce

IS SABELI MELTING THAT FOR YOU
- TOASTED OR NOT TOASTED?

SABELI TOP 5 LUNCH PICKS (ROLL OR HERO)

- 1

Chicken Cutlet Supreme - chicken cutlet with roasted red peppers, fresh mozzarella, and our house dressing
- 2

Chicken Salad Deluxe - with cheddar cheese, lettuce, tomato and bacon
- 3

Classic - turkey American cheese lettuce & tomato, mayo
- 4

Sabeli Special - prosciutto, sweet soppressata, roasted red peppers fresh mozzarella & house dressing
- 5

King of the Sea - Tuna with cheddar, lettuce, tomato & Bacon



- Beef
- Chicken
- Pork
- Shrimp
- White Rice
- Brown Rice
- Beans
- Hot sauce

TACO SHELL OPTIONS

- Tortilla
- Flour

TOPPINGS

- Sour cream
- Onions
- Cilantro
- Guacamole
- Tomato
- Pico de gallo
- Corn

Kids

- Chicken fingers
- Grilled Cheese
- French fries
- Waffle French Fries

DRINKS

- Snapple
- Soda
- Water
- Bai
- Sugar Free Drinks

SNACKS & CHIPS

- Wide variety

SMOOTHIES
JUICE BAR

HOT SOUPS

- Chicken noodle
- Creamy broccoli
- Turkey Chili
- Vegetable Minestrone
- Matzo ball

HOME MADE TORTILLA CHIPS
WITH SALSA

ORGANIC, KETO, &
VEGAN OPTIONS